

Trans Himalayan Expedition

11 days · Manali - Zaskar - Leh - Hanle · Route sheet

●	Manali Convoy briefing, tyre pressures, documents check	Start · 2,050 m
●	Jispa via Atal Tunnel First acclimatisation night in the Bhaga valley	140 km · 3,200 m
●	Padum via Shinku La Shale sections and water crossings - cross before noon	180 km · 5,090 m pass
●	Zaskar layover Phugtal approach, Karsha and Stongdey monasteries	Local · 3,650 m
●	Leh via Nimmu gorge Long day through the Zaskar gorge; fuel at Kargil or Leh	240 km · 3,500 m
●	Nubra via Khardung La Permits checked at South Pullu; sand dunes at Hunder	125 km · 5,359 m pass
●	Pangong via Shyok Shyok river crossings - conditions vary by hour	170 km · 4,350 m
●	Hanle Dark sky reserve; no white lights after dusk	170 km · 4,500 m
●	Tso Moriri Wide plateau driving, Korzok village	180 km · 4,522 m
●	Leh via Tso Kar Exit over Tanglang La or the Chumathang road	220 km · 3,500 m

FIELD NOTES

- Inner Line Permits required for Nubra, Pangong, Hanle and Tso Moriri - carry photocopies.
- Fuel: Manali, Keylong, Kargil, Leh, Karu, Nyoma. Carry 20 litres spare between Padum and Leh.
- Network: BSNL and Jio in Leh and Padum only. Assume no signal on plateau days.
- Never gain more than 500 m of sleeping altitude per night once above 3,000 m.